

## FACIAL TREATMENTS by SOTHYS

### **BACK TO THE BASICS**

This program includes all the necessary steps starting from the smooth make-up removal followed by a deep scrub, a special ampoule according to the needs of the skin, a relaxing massage and the appropriate mask for a deep facial treatment that will give you a radiant complexion.

**Duration: 45 min | € 90**

### **CRYO EYE PROFESSIONAL TREATMENT SOTHYS**

A specifically designed treatment for the eye contour area, very efficient after lack of sleep, for tired and swollen eyes. This program will immediately diminish the signs of fatigue and ageing, combining a hand massage with icy modelling porcelain spoons. A unique experience for your eyes.

**Duration: 45min | € 90**

### **ILLUMINATING TREATMENT**

An extremely concentrated treatment for a luminous, bright skin that also targets sun dark spots. Get ready to enjoy a special relaxing moment with the Asian inspired Ridoki that will detoxify your skin and give you the ultimate glam!

**Duration: 75min | € 150**

## BODY TREATMENTS & MASSAGE by SOTHYS

### **100% TAILOR MADE SUGAR AND SALT SCRUB- SOTHYS ORGANICS®**

Invigorating organic scrub combining marine salts and sugar along with organic honeysuckle oleo-extract and organic sunflower oil. Choose with your therapist the fragrance that suits you best among the delicate notes of lemon and petitgrain, orange blossom & cedar, cinnamon & ginger for a personalized experience.

**Duration: 20min | € 45**

### **100% TAILOR MADE MASSAGE- SOTHYS ORGANICS®**

Choose with your therapist the texture that suits you best from the organic line including oil, cream, balm or shea butter along with a variety of essential oils like

lemon and petitgrain, orange blossom & cedar, cinnamon & ginger and enjoy a total body escape that also takes care of your skin.

**Duration: 40 | 75 €**

### **DEEP TISSUE MASSAGE by SOTHYS**

This deep tissue inspired protocol is a must treatment after a long day at the gym or for tension relief and relaxing of sore muscles.

**Duration: 90min | 120 €**

### **HANAKASUMI SIGNATURE TREATMENT SOTHYS**

A unique protocol of Japanese inspiration: Peeling with exfoliating gloves, relaxing modelling of the entire body and specific modelling of the feet in this nourishing, delicately perfumed with cherry blossom and lotus ritual.

**Duration: 60min | 120 €**

## **SIGNATURE TREATMENTS BY USPA**

### **USPA HARMONY MASSAGE**

Enjoy a personalized holistic massage: the focus of the full-body massage and the care tailored products used to your needs. Your therapist applies the proper pressure and strokes to achieve the desired result through relaxation massage. A soothing and restorative pressure point foot massage finishes the treatment in the 90 minutes version.

**Duration: 60/90min | 90/120 €**

### **AROMATHERAPY MASSAGE**

Take a walk in a Botanical Garden with this lavishly hydrating body massage. This massage brings everything back to the potency of modern aromatics. Designed to enhance an uplifting mood, this massage will let you feel relaxed and calm.

**Duration: 60/90min | 95/125 €**

### **SOOTHING FOOT & LEG MASSAGE**

This soothing and restorative pressure point foot massage works wonders on heavy legs and feet. It focuses on stimulating organ function, encouraging drainage, enhancing flexibility and mobility, whilst also soothing the solar plexus to help calm. At the end of the treatment you'll feel like you are walking on air.

**Duration: 30min| 40 €**